

Return to Racing Plan

2020



Density Reduction • Hygiene • Screening • Minimize Touchpoints

Density Reduction

Pre-event certification:

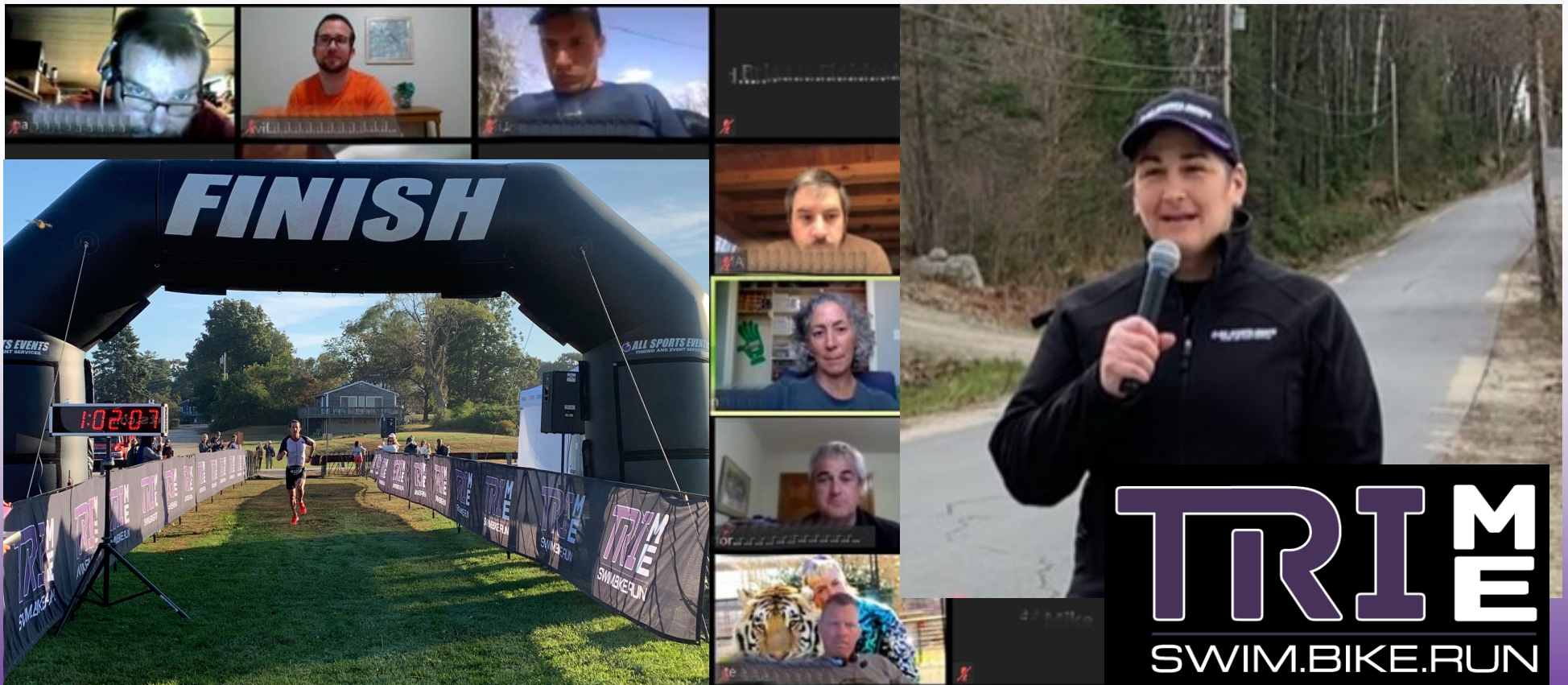
Participants will check-in online in advance of the event to provide:

- . Estimated finish time for seeding**
- . Pre-event health screening**
- . Online checkin**



Density Reduction

Mandatory pre-race meeting will be held via Zoom and will be recorded for athletes who cannot attend.



Density Reduction

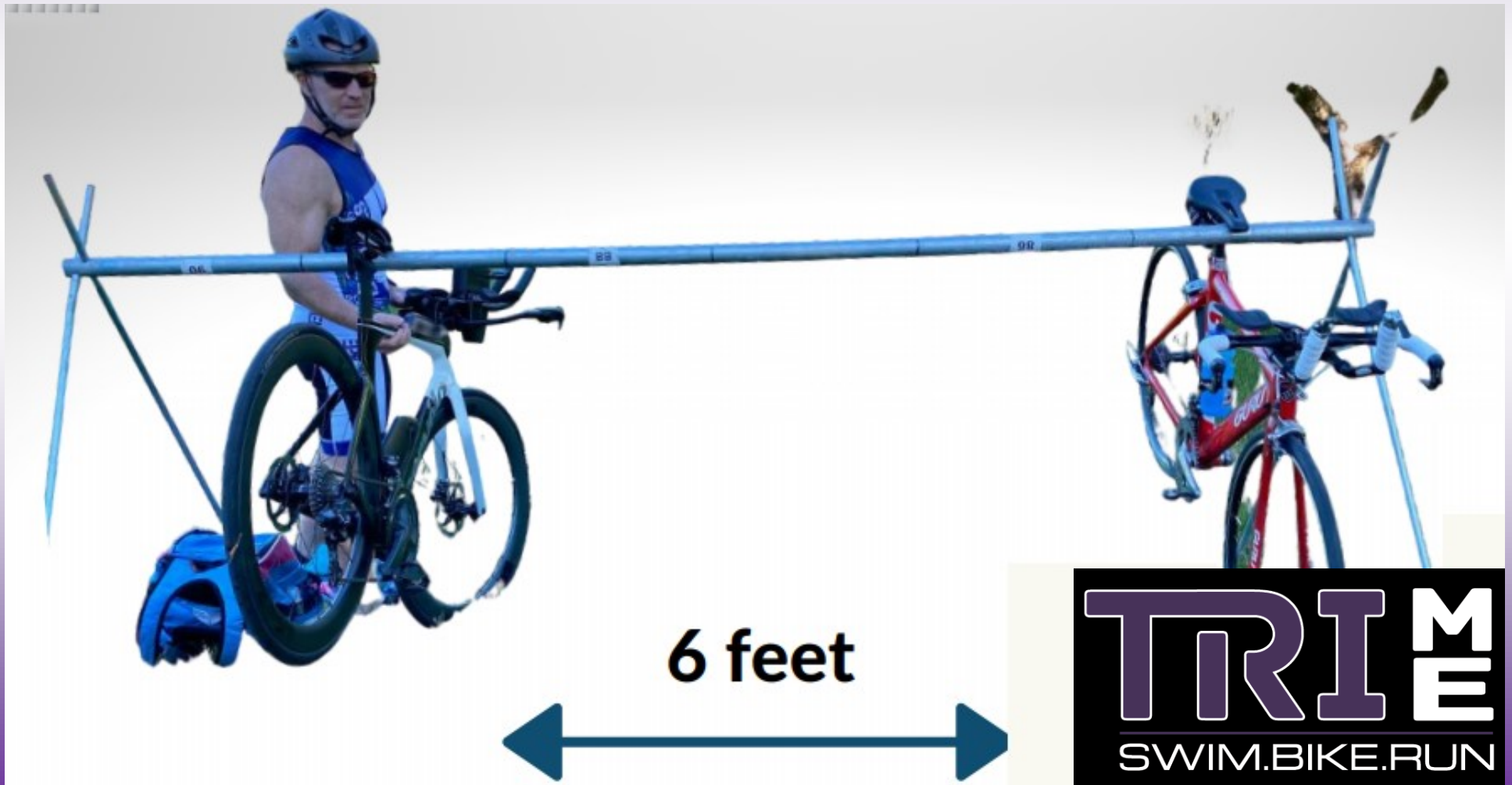
Start Times: Athletes will arrive at venue based on assigned start times. No more than 50 athletes will be allowed in any part of the venue at the same time.

Start Line: Time-trial start with athletes line up by estimated finish time, 6 feet apart. Racers will be at least 20 ft into the course before the next participant starts.



Density Reduction

Transition Area: 3 bikes per 13 ft rack



Hygiene

- Hand Sanitizer and hand washing stations will be available throughout the venue
- Staff and volunteers will wear masks in all athlete facing areas and wherever social distancing is not possible
- Athletes will be required to wear a mask in the venue when not racing



Screening

- Staff, volunteers, and athletes will need to answer a series of questions before entering the venue and will have to certify in advance
- No touch thermometers will be used in the event that body temperature needs to be checked



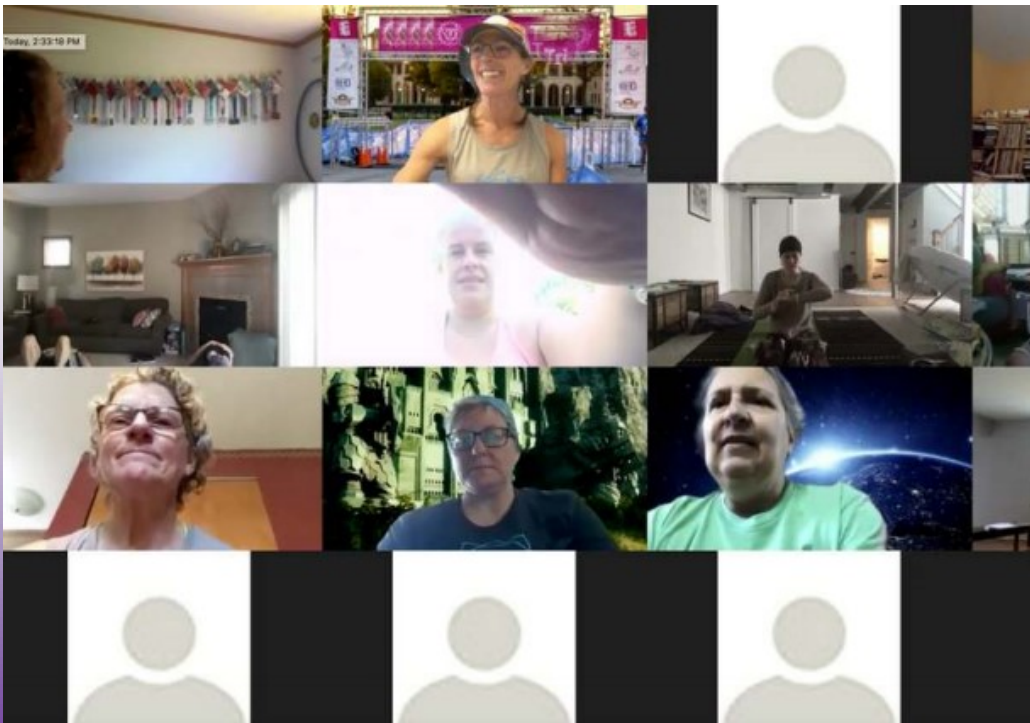
Minimize Touch Points

- **Body Marking:** Athletes will self body mark
- **Aid Station:** There will be limited self serve aid stations with sealed bottles and no volunteers
- **Finish Line:** Self serve medals and hydration



Minimize Touchpoints

- . Awards Ceremony will be held via Zoom
- . Awards will be available to pick-up or mailed to winners



Other Considerations

ALL PLANS ARE SUBJECT TO CHANGE

The venue and event will be setup to enable social distancing at all times—it is the responsibility of athletes to adhere to guidelines

It is strongly recommend that individuals consider by the CDC to be “at-risk” not participate in the event in any capacity

Any staff, volunteers or athletes who are feeling ill or think they may have been exposed to Covid-19 are asked to stay home

Race Management reserves the right to refuse entry to any person and to change the procedures



What we need from you

- *Stay at home if you are sick or have been in contact with someone who is sick*
- *Read all event communication and follow rules and protocols*
- *Complete your pre-event estimated finish time as accurately as possible.*
- *Check-in online in advance of the event*
- *Respect social distancing*
- *Wear a mask when not racing*
- *Respect assigned start times*
- *No spitting or snot rockets*
- *Only pass if there is ample room space and alert others when passing*
- *If somebody is trying to pass and is able, let them do it*

Everything will be in place for a safe race social distancing at all times. We have confidence that all participants will take responsibility for themselves and others so that our safety plan will be effective.

HAVE A GREAT RACE!

