



Olympic Course – 22.8 Miles
Sprint Course 13.1 Miles

Lap 1

- Left out of Transition
- Right onto Whites Bridge Rd
- Right onto Chadbourne Rd (Rt 35)
- Left onto Standish Neck Road
- Right onto North Gorham Rd
- Left onto Hurricane Rd
- Right onto Wilson Rd
- Right onto Seabago Lake Road
- Right onto Chadbourne Road

Sprint heads to Bike Finish

- Left onto Whites Bridge Rd
- Left onto Campus
- Right into Transition

Olympic Lap 2

- Right onto Standish Neck Road
- Right onto North Gorham Rd
- Left onto Hurricane Rd
- Right onto Wilson Rd
- Right onto Seabago Lake Road
- Right onto Chadbourne Road
- Left onto Whites Bridge Rd

