



Olympic Course – 24.4 Miles

Sprint Course 14.4 Miles

Lap 1

- Left out of Transition
- Right onto Whites Bridge Rd
- Left onto Rolling Hills Dr
- Left onto Chadbourne Rd (Rt 35)
- Right onto Middle Jam Rd
- Left onto Windham Center Rd
- Right onto River Rd (first right)
- Right onto Covered Bridge Rd (changes to Hurricane Rd after Cover Bridge)
- Right onto North Gorham Rd

Sprint heads to Bike Finish

- Left onto Standish Neck Rd
- Right onto Chadbourne Rd (Rt 35)
- Left onto Whites Bridge Rd
- Left onto Campus
- Right into Transition

Olympic Lap 2

- Continue on Windham Center Rd
- Right onto River Rd (first right)
- Right onto Gambo Road
- Right onto the Mountain Division Trail
- Right onto Sebago Lake Road (Rt 237)
- Right onto Sebago Lake Road (Rt 237)
- Right onto North Gorham Road
- Left onto Standish Neck Rd
- Right onto Chadbourne Rd (Rt 35)
- Left onto Whites Bridge Rd
- Left onto Campus
- Right into Transition

